

# 2013 League 1A

10/8/2013

Bowdoin Park, Wappingers Falls, NY

## Varsity Boys 5000 Meter Run

Name	Yr Team	Time	Pts
<b>1 Tom Primrose</b>	<b>12 Roy C. Ketcham</b>	<b>17:00.50</b>	<b>1</b>
2 James Asselmeyer	11 Arlington	17:11.50	2
3 Kunal Shah	12 Lakeland/Panas	17:26.20	3
4 Veeral Shah	11 Lakeland/Panas	17:27.20	4
5 Tom Wimmers	12 Arlington	17:27.70	5
6 Corey Peruffo	11 Arlington	17:31.70	6
7 Steve Rizzo	12 Roy C. Ketcham (RCK)	17:40.90	7
8 Steve Morrison	12 Arlington	17:53.90	8
9 Troy Dean	12 John Jay - East Fish	17:59.70	9
10 Matthew Swift	12 Lakeland/Panas	18:00.60	10
11 Joseph Moschetto	12 Arlington	18:05.00	11
12 Adam Whitehead	11 Roy C. Ketcham (RCK)	18:05.80	12
13 Scott Downing	12 Roy C. Ketcham (RCK)	18:15.80	13
14 Vaughn Feighan	11 Arlington	18:17.30	14
15 Stephen Jastrzembski	11 Arlington	18:17.50	15
16 Aaron Finch	12 John Jay - East Fish	18:27.30	16
17 Jonathan Feldman	11 Lakeland/Panas	18:29.10	17
18 Pete Groen	11 John Jay - East Fish	18:29.90	18
19 Frankie Birmingham	11 John Jay - East Fish	18:37.10	19
20 Matt Procopio	11 John Jay - East Fish	18:49.50	20
21 Nichloas Pisano	12 Lakeland/Panas	18:56.90	21
22 Mike D'adamo	11 Roy C. Ketcham (RCK)	19:07.10	22
23 Matthew Sayre	9 Lakeland/Panas	19:12.30	23
24 Kyle Mccloskey	John Jay - East Fish	19:12.40	24
25 Justin Jackson	9 John Jay - East Fish	19:16.50	25
26 Dan Loughran	10 Lakeland/Panas	19:26.40	26
27 Charles Cortesi	10 Roy C. Ketcham (RCK)	19:42.20	27
28 Danny Napora	10 Roy C. Ketcham (RCK)	19:54.70	28

## Team Scores

	Total	1	2	3	4	5	*6	*7
<b>1 Arlington</b>	<b>32</b>	2	5	6	8	11	14	15
Total Time: 1:28:10								
Average: 17:37.96 1-5 Split: 54								
<b>2 Lakeland/Panas</b>	<b>55</b>	3	4	10	17	21	23	26
Total Time: 1:30:20								
Average: 18:04.00 1-5 Split: 1:31								
<b>3 Roy C. Ketcham (RCK)</b>	<b>55</b>	1	7	12	13	22	27	28
Total Time: 1:30:11								
Average: 18:02.02 1-5 Split: 2:07								
<b>4 John Jay - East Fish</b>	<b>82</b>	9	16	18	19	20	24	25
Total Time: 1:32:24								
Average: 18:28.70 1-5 Split: 50								

10/8/2013

## Bowdoin Park, Wappingers Falls, NY

## Junior Varsity Boys 5000 Meter Run

Name	Yr Team	Time	Pts
<b>1 Skyler Rubin</b>	<b>10 Arlington</b>	<b>18:48.10</b>	<b>1</b>
2 Conor Stack	10 Arlington	19:04.60	2
3 Tym Lotocky	12 Arlington	19:06.40	3
4 Chris Wechsler	12 Arlington	19:06.70	4
5 Kyle Nameth	11 John Jay - East Fish	19:12.50	5
6 Eric Sbrollini	10 Arlington	19:13.40	6
7 Matthew Dillon	9 Arlington	19:14.30	7
8 Jaskaran Gogi	11 Roy C. Ketcham (RCK)	19:29.80	8
9 Anant Shah	10 Arlington	19:33.60	9
10 Pierson Bisceglia	9 Arlington	19:37.00	--
11 Dan Barry	11 Arlington	19:39.40	--
12 Joe Lang	11 Roy C. Ketcham (RCK)	19:40.70	10
13 Rob Greco	12 Roy C. Ketcham (RCK)	19:42.00	11
14 Akshay Ramaswamy	11 Lakeland/Panas	19:46.70	12
15 Guy DeMarco	9 Lakeland/Panas	19:51.60	13
16 John Lifrieri	12 Lakeland/Panas	19:52.10	14
17 James Freiler	12 Arlington	19:58.20	--
18 Connor Dougherty	11 John Jay - East Fish	19:59.50	15
19 Jonathan Pratico	10 Lakeland/Panas	20:00.20	16
20 Ryan Lerner	12 Lakeland/Panas	20:09.20	17
21 Griffin Shiland	9 Lakeland/Panas	20:10.60	18
22 Luke Speranza	Lakeland/Panas	20:12.60	19
23 Reed Friel	9 Lakeland/Panas	20:14.90	--
24 Takashi Endo	11 Roy C. Ketcham (RCK)	20:18.80	20
25 Michael Legare	11 John Jay - East Fish	20:19.70	21
26 Sean Murray	9 John Jay - East Fish	20:21.30	22
27 Jake McCarthy	10 Lakeland/Panas	20:21.60	--
28 Ryan Vancoughnett	10 Arlington	20:48.30	--
29 Michael Asselmeyer	9 Arlington	21:01.50	--
30 Brendan Foley	9 Arlington	21:05.00	--
31 James Dinun	10 John Jay - East Fish	21:12.30	23
32 Evan West	10 Arlington	21:13.10	--
33 Mike Mccue	11 Roy C. Ketcham (RCK)	21:14.20	24
34 Andrew Castro	11 Roy C. Ketcham (RCK)	21:15.30	25
35 Ryan Herring	10 Arlington	21:21.70	--
36 Joseph Malandrucolo	12 Lakeland/Panas	21:23.30	--
37 Alex Heald	9 Lakeland/Panas	21:24.70	--
38 Dave Alap	9 Roy C. Ketcham (RCK)	21:38.90	26
39 Jeffery Niznik	10 Arlington	21:44.40	--
40 Anthony Gariolo	11 Roy C. Ketcham (RCK)	21:45.80	--
41 Adam Berlinghoff	11 John Jay - East Fish	21:50.80	27
42 Nate Diedrick	11 John Jay - East Fish	22:05.20	28
43 Jonathan Mulhern	11 Lakeland/Panas	22:28.60	--
44 Jarod Sangalli	9 Lakeland/Panas	22:43.90	--
45 Tim McGowan	10 Lakeland/Panas	22:44.10	--
46 Richard Cintron	9 Roy C. Ketcham (RCK)	22:56.40	--
47 Jeffrey Du	9 Roy C. Ketcham (RCK)	22:57.00	--
48 Samuel Fernandez	12 Lakeland/Panas	22:58.40	--
49 Kyle Patterson	10 Arlington	23:17.70	--
50 Chris Grady	10 Arlington	23:29.40	--
51 Kevin Russo	Lakeland/Panas	23:39.10	--
52 Karthik Ledalla	9 John Jay - East Fish	23:53.10	--
53 Karl Clemente	12 Lakeland/Panas	23:58.20	--
54 Steven Bristol	12 John Jay - East Fish	24:12.40	--

55 Jeffrey Timm	9 Arlington	24:18.70	--
56 Eric Fitzgerald	9 Lakeland/Panas	24:20.80	--
57 Noah Trungold	9 Lakeland/Panas	24:31.50	--
58 Ryan Daly	10 Roy C. Ketcham (RCK)	24:35.60	--
59 Konrad Biederman	9 Lakeland/Panas	24:36.00	--
60 Timothy Fallo	9 Lakeland/Panas	24:37.60	--
61 John O'conner	9 Lakeland/Panas	25:05.00	--
62 Michael Porter	9 Lakeland/Panas	25:30.00	--
63 Edward Sziklas	9 John Jay - East Fish	25:34.10	--
64 Shawn Castano	9 Arlington	25:37.10	--
65 Jack Bott	10 John Jay - East Fish	25:45.20	--
66 Cullen Malzo	11 Lakeland/Panas	25:50.60	--
67 Daniel Yearance	9 Roy C. Ketcham (RCK)	25:56.90	--
68 Nicholas Cephas	10 Arlington	25:57.10	--
69 Kyle Narod	10 Roy C. Ketcham (RCK)	26:07.30	--
70 Nicholas Kablaski	Roy C. Ketcham (RCK)	26:12.50	--
71 Kyle Reilly	12 Roy C. Ketcham (RCK)	27:00.50	--
72 Andrew Sullivan	12 Arlington	27:04.30	--
73 Bobby Biersack	12 John Jay - East Fish	27:07.30	--
74 Jason Pacchiana	10 Lakeland/Panas	27:25.90	--
75 Paul Grady	10 Arlington	28:08.20	--
76 Aaron Magdalo	9 Arlington	29:01.80	--
77 Brendan Kackley	9 Arlington	31:20.00	--

## Team Scores

	Total	1	2	3	4	5	*6	*7
<b>1 Arlington</b>	<b>16</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>6</b>	<b>7</b>	<b>9</b>
Total Time: 1:35:20								
Average: 19:03.84    1-5 Split: 26								
<b>2 Lakeland/Panas</b>	<b>72</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Total Time: 1:39:40								
Average: 19:55.96    1-5 Split: 23								
<b>3 Roy C. Ketcham (RCK)</b>	<b>73</b>	<b>8</b>	<b>10</b>	<b>11</b>	<b>20</b>	<b>24</b>	<b>25</b>	<b>26</b>
Total Time: 1:40:26								
Average: 20:05.10    1-5 Split: 1:45								
<b>4 John Jay - East Fish</b>	<b>86</b>	<b>5</b>	<b>15</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>27</b>	<b>28</b>
Total Time: 1:41:06								
Average: 20:13.06    1-5 Split: 1:60								